

# Responsibility means showing you can be trusted with what is expected of you.

WEEK  
5  
K-1ST

Read Psalm 141:3

DAY  
1

## Oh, Be Careful Little Mouth

When you think of the word responsibility, do you ever think about what you say to other people? We are to use our words wisely and that means we need to be careful with what we say to other people because it can be helpful or it can be hurtful. Ask an adult to grab a tube of toothpaste and slowly squeeze a little bit of it out of the tube. Ok, now that the toothpaste is out, I want you to put it back in the tube. Guess what? You can't put it back in. And that's exactly how our words are too. Once we say something, we can't take it back. So be careful, little mouth, what you say.

**Ask God to help you to be responsible with your words.**

DAY  
2

## Be Helpful Not Hurtful

Why does it matter what we say to others? God tells us that our words matter because He wants us to say things that are helpful, encouraging, loving and not negative or hurtful. Flip this page over and circle all of the words that are helpful and put a big X on the ones that are hurtful!

**Know that your words matter!**

DAY  
3

## Mouth Guard

Ask an adult to help you look up Psalm 141:3 and read it together. Grab a piece of paper and rainbow-write the verse and put it somewhere that you can see it every day. When you read this verse each day, put your own hand motions to it to help you remember it. What a great verse for us to remember as we are learning to use our words wisely. Let's pray and ask God to help us.

**Dear God,**

*Help us to be wise with our words. We want to be helpful and not hurtful with what we say to others. Watch over the door of our lips just like this verse says. Thank You for helping us show responsibility with what we say. Amen.*

DAY  
4

## What Did You Say?

God wants us to be responsible with our words. Ask an adult or a friend to play a little game with you. As they read the list of things below you will give a thumbs up if it's helpful or a thumbs down if it's hurtful. Let's show God that we care about everything that comes out of our mouth!

I don't like you. You look funny. I don't like your shoes.  
Wow! Great job! Your hair is weird. What are you looking at? Great job getting an A on your test!

**Remember to be wise with what you say.**

Use your words wisely.

PARENT CUE

# Use your words wisely.



Check out day two for the instructions.