## 05.30.21 RealLife Message Notes

| Urban Legend - When We Use the F-Word                                                     |                               |
|-------------------------------------------------------------------------------------------|-------------------------------|
| LEGEND: F means F                                                                         | Forgiving, Forgetting         |
| The Myth of a F God.                                                                      | Forgetful                     |
| For I will forgive their wickedness and will remember their sins no more.  Jeremiah 31:34 |                               |
| Forget: An I to R something.                                                              | Inability, Recall             |
| <b>Remembe</b> r: To R his W with someone.                                                | Renew, Work                   |
| No longer R to us in the light of our S                                                   | Responds, Sin                 |
| Forgiveness Confusion                                                                     |                               |
| A at G                                                                                    | Anger, God                    |
| Unrealistic E                                                                             | Expectations                  |
| GU                                                                                        | Giving Up                     |
| TRUTH: R and F again.                                                                     | Remember, Forgive             |
| Defining Forgiveness                                                                      |                               |
| When you C to release a person from the O resulting when they I you.                      | Choose<br>Obligation, Injured |

Instead, be kind to each other, tenderhearted, forgiving one another, just as God through Christ has forgiven you. Ephesians 4:32

| Disturbing Forgiveness                                                                                                                                                      |                     |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------|
| We U the impact of our offense.                                                                                                                                             | Underestimate       |
| "But when the man left the king, he went to a fellow servant who owed him a few thousand dollars. He grabbed him by the throat and demanded instant payment.  Matthew 18:28 |                     |
| The F is huge.                                                                                                                                                              | Fallout             |
| 'You evil servant! I forgave you that tremendous debt because you pleaded with me.  Matthew 18:32                                                                           |                     |
| Then the angry king sent the man to <b>prison to be tortured</b> until he had paid his entire debt. Matthew 18:34                                                           |                     |
| The C are long lasting.                                                                                                                                                     | Consequences        |
| Forgiveness is both a C and a P                                                                                                                                             | Crisis, Process     |
| F people should be F people                                                                                                                                                 | Forgiven, Forgiving |
| What Do I Do Now?                                                                                                                                                           |                     |
| Identify who you need to F                                                                                                                                                  | Forgive             |
| Commit to the P of forgiveness.                                                                                                                                             | Process             |
| Accept the payment for your U D                                                                                                                                             | Ultimate Debt       |
|                                                                                                                                                                             |                     |

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