

NEXT STEPS

Week 4 - "Untangling the Nots"

Pastor Kyle Plew

Group Discussion Guide

JUDGE NOT.

Jesus was basically saying, "Thou shalt not size me up and write me off."

READ: Matthew 7:1-5

"Do not judge, or you too will be judged. For in the same way you judge others, you will be judged, and with the measure you use, it will be measured to you.

"Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? How can you say to your brother, 'Let me take the speck out of your eye,' when all the time there is a plank in your own eye? You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye."

RESPOND

1. Share a time when you felt judged in your life.
2. Share a time when you judged someone else.
3. What is your initial response when you feel judged?
4. What behavior in other people tempts you to pass judgement the most? (Examples: Self-righteousness, drinking or drugs, where they are from, the way they dress, the cars they drive, their political beliefs, their education or lack of education, etc.)

REALITY

God is the perfect judge, because he is perfect. We are not perfect judges, because we are not perfect.

DO THE STUFF: When You Want to Judge or Feel Judged

Say these words every morning this week: *I am going to be tempted to judge someone today. God, let me know when I do.*

Think this thought: *Before I confront someone about their shortcomings, I need to confront myself about mine.*

Pray this verse: "First, I will take the plank out of my own eye, so I can see clearly."