

Untangling the Nots - *Fear Not*

Review

Early followers had a R_____ R_____.

Unhitching from Judaism left a G_____.

They Followed the E_____ C_____ of Jesus.

Resurrection Religion

Gap

Extreme Commands

Thou Shall Not Worry

*Therefore I tell you, do not **worry** about your **life**, what you **will** eat or drink; or about your body, what you **will** wear. Is not **life** **more than** food, and the body more than clothes? Matthew 6:25*

Jesus K_____ something that we all F_____.

Knew, Forget

W_____ never W_____.

Worry, Works

Jesus offers an A_____ to worry.

Alternative

W_____ is about L_____.

Worry, Later

*Look at the birds of the air; they do not **sow** or **reap** or store away in barns, and yet your heavenly Father **feeds** them. Are you not much more **valuable** than they? Matthew 6:26*

*"Do not let your hearts be troubled. You believe in God; believe also in me."
"Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid." John 14:1, 27*

Can any one of you by **worrying** add a single **hour** to your **life**? And why do you **worry** about **clothes**? See how the flowers of the field grow. They do not **labor** or **spin**. Yet I tell you that not even Solomon in all his splendor was dressed like one of these. If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, **will** he not much more clothe **you—you of little faith**?

Matthew 6:27-30

W_____ is a T_____ issue.

So do not worry, saying, 'What **shall** we eat?' or 'What **shall** we drink?' or 'What **shall** we wear?' For the pagans **run after** all these things, and your heavenly Father knows that you need them. But **seek first** his kingdom and his righteousness, and **all these things** will be given to you as well. Therefore **do not worry** about **tomorrow**, for **tomorrow** will **worry** about itself. Each day has enough trouble of its own.

Matthew 6:31-33

Jesus R_____ Worry: T_____.

Why not B_____ that?

What Do I Do Now?

Begin your D_____ declaring your T_____.

R_____ your worry: T_____.

Look for a way to P_____ with God T_____.

Worry, Trust

Relabels, Tomorrow

Believe

Day, Trust

Relabel, Tomorrow

Partner, Today