

Week 2 - "Four Words to Change Your Life"  
Pastor Kyle Plew  
Group Discussion Guide

SORRY.

A bad apology helps no one. A sincere apology can transform your life and the relationships in it.

READ: Psalm 51:1-4:

Have mercy on me, O God,  
according to your unfailing love;  
according to your great compassion  
blot out my transgressions.  
Wash away all my iniquity  
and cleanse me from my sin.

For I know my transgressions,  
and my sin is always before me.  
Against you, you only, have I sinned  
and done what is evil in your sight.

RESPOND

1. Have you ever received a bad apology? How did you respond to it?
2. A sincere apology takes vulnerability. Share a time when you apologized sincerely. What was the result?
3. With God, he welcomes our sincere apologies because we're already forgiven. Do you tend to hide stuff from God or quickly confess when you've made a mistake?
4. When was the last time you apologized to someone? To God?

REALITY

*Happiness and peace are the gifts of a sincere apology.* No matter how embarrassing it is, a sincere apology can transform you, your relationships, and your connection with God.

DO THE STUFF: When You Know You Need to Say "Sorry"

Say these words: *Because of Jesus I am already forgiven.*

Think this thought: *Even when it's hard, a sincere apology holds power to change me for the better.*

Pray this verse: "Have mercy on me God, according to your unfailing love."