



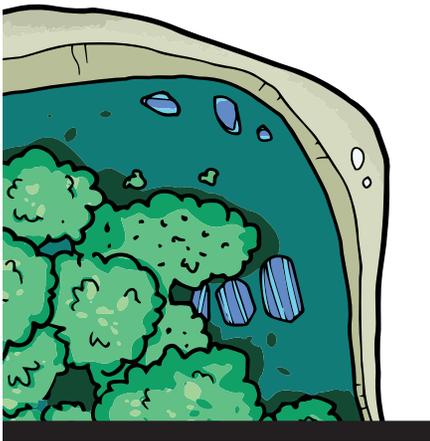
## Day 2

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### Read Matthew 5:14-16

Before you read, go find a flashlight, a bowl, and a mirror. Then read Matthew 5:14-16 twice, first to yourself, and the second time out loud, turning off the lights before the second reading. As you read it out loud, use the items you gathered to illustrate what you are reading. Turn on the flashlight when you read the word “light” for the first time. Put the light under the bowl when you get to that part, and then hold up the light on the “hill” section. Lastly, use the mirror to reflect the light beam and notice how the light spreads.

In the same way, when you shine your light, showing goodness to others, God’s light spreads around, making waves that change the world around you!



## Day 3

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Showing God’s goodness to others may seem like a big task, but it’s important to remember you’re not showing your goodness, but God’s!

That means that you can rely on God’s power to help you be honorable and true in everything you do. Take a minute to ask God right now to help you shine a light of goodness—being truthful, kind, and compassionate to everyone around you.

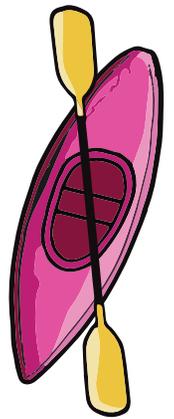
On one of your hands, write the word ‘goodness,’ but write it like this: **GOoDness**, to remind you to ask God throughout the day to help you shine God’s light and show God’s goodness to others!

## Day 4

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In order to show God’s goodness to others, you have to start by recognizing God’s goodness in your life and the world.

Start making a list of all the ways you have seen God’s goodness, and then ask others where they have seen God’s goodness too. You can ask family members, message your small group leader and church friends. Add their answers to your list as well, and hold on to your list for tomorrow.



## Day 5

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How can you show God’s goodness to others?

Take a look at your list from yesterday of examples of God’s goodness. Do you see any common themes? God’s goodness showing up as met needs, unexpected blessings, the kindness of others. **How can you show God’s goodness to others?** Pick one of the ways God has shown goodness and figure out how you can pass that on to others. You could do a random act of kindness for a stranger or help an elderly neighbor with carrying groceries or yard work or spend time with a little kid who looks up to you. And if you happen to receive gratitude, be sure and explain that you’re just living out the goodness God has shown you!