

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Handwriting practice lines for journaling.



Day 1

After watching, write one thing that:

Go to bit.ly/SundaysAtHomePreteen and watch this week's episode of The So & So Show.

Even if you already saw it at church, feel free to check it out again!

- 1. You liked:
2. You learned:
3. You'd like to know:

Day 2

Read Genesis 12:1-9, 15:1-6

As you read through Genesis 12:1-9, 15:1-6, circle every time God reveals part of the plan for Abraham—and for the world through Abraham! (Hint: Look for “I will” phrases.)

There are a lot of things circled in this short passage, aren't there? And this is just a hint of the incredible plan God has to show love to the world—a plan we see clearly unfolding when God sent Jesus to be our Savior.

God has a plan to make things right. That's true no matter what's going on in your life or in the world. We can see God's hand at work even now, still revealing more and more of the plan to show love to the world!

Day 3

Today, make a plan to practice praying “flash prayers” to God throughout the day.

A flash prayer is when you say a quick prayer—you might not even stop what you're doing, but you just take a few seconds to talk to God. Flash prayers are often prayers for others, so today focus on God's love and how you can show that to others. It might look like thanking God for your parents and praying for a great day. It could be praying for your friend who told you they're super stressed about a test they have today. You can pray for your teacher who's out sick.

If you think it will help, draw a flash of lightning on your hand to remind you to put your plan to say flash prayers to God throughout the day!



Day 4

God has a plan to show love to the world, and as someone who follows God, you are a part of that plan!

Today, use your words today to show God's love to others. Think about these things as you go throughout your day:

- 1) What you say
- 2) How you say it
- 3) Why you say it

In other words, make sure you are showing God's love by saying kind things in a respectful way, showing others how much they matter to you. And when you do this, you get to be a part of God's plan to show love to the world!



Day 5

When have you made a plan?

It's so cool that God invites us to show love to the world. And guess what? We can invite others into that plan too! Today, invite your family and any close friends you'd like to involve to a planning session. Your mission: Show others they matter to God and to you!

Here are some ideas for your plan:

- o Think of someone in your neighborhood who needs help with something: yard work, grocery shopping, house cleaning
- o Volunteer in your community at a food bank
- o Find out what it takes to adopt a section of a road for your group to pick up trash and keep clean
- o Collect items from around your house that you can donate to someone in need
- o Have a bake sale or lemonade stand and donate the proceeds to a non-profit you love
- o Other idea

Now what? Figure out the details! Get a sheet of paper and write down the following headers—then make your plan. **[What, Who, Steps, Supplies, Deadlines, Anything else]**

Now that you've got your plan, put it into action! And don't forget the final step: “Debrief and Dessert!” Set a date to come together and celebrate how you go to be a part of God's plan to show love to the world!