

Gratitude - *Thank Bank*

Gratitude Benefits

Opens the door to M_____ R_____.

More Relationships

Improves P_____ and P_____ H_____.

Physical, Psychological Health

Enhances E_____.

Empathy

Produces better S_____.

Sleep

Improves S_____.

Self-Esteem

Increases M_____ S_____.

Mental Strength

GratiTune-Up

The G_____ from G_____.

Goods, God

Don't be deceived, my dear brothers and sisters. Every good and perfect gift is from above, coming down from the Father of the heavenly lights...
James 1:16,17

Every G_____ thing I have comes from G_____.

Good, God

C_____ gratitude defeats E_____ in our lives.

Choosing, Entitlement

So then, just as you received Christ Jesus as Lord, continue to live in him, strengthened in the faith as you were taught, and overflowing with thankfulness. Colossians 2:6

Future W_____ is a present R_____ - O_____.

Better what the eye sees than the roving of the appetite....
Ecclesiastes 6:9

I will not let what I W_____ R_____ me of what I H_____.

Gratitude turns what I H_____ into E_____.

Blessing produces P_____ or P_____.

*Let all that I am **praise the Lord**; with my whole heart, I will praise his holy name. Let all that I am praise the Lord; **may I never forget the good things he does for me.** Psalm 103:1, 2*

I'll turn every B_____ I have into P_____.

B_____ not turned back to praise turn into P_____!

What Do I Do Now?

C_____ out the *I'm Grateful* Bible plan on Y_____.

Write a gratitude N_____ to God, your F_____.

A_____ the best gift a G_____ God offers.

Want, Rip-Off

Want, Rob, Have

Have, Enough

Praise, Pride

Blessing, Praise

Blessings, Pride

Check, YouVersion

Note, Father

Accept, Good