

Gratitude

Living a Life of Thankfulness

WEEK 3

discussion guide

WHO NEEDS TO HEAR THANK YOU?

Focus verse

Luke 17:11-19

- Jesus asked, "Were not all ten cleansed? Where are the other nine? Has no one returned to give praise to God except this foreigner?"

Being ungrateful feels like rejection.

- Even though we may feel thankful inside, when gratitude goes unexpressed it can feel like rejection.
- Who or what is something you are thankful for that you haven't verbally expressed lately?

We are called to be 'returners'.

- Only one leper returned to praise and thank Jesus for giving him his life back. Have you returned to Jesus time after time to thank Him for what He has done for you? What are some things you have thanked Him for recently?



Read + Reflect

"TO REFUSE TO PAY MY DEBTS OF GRATITUDE IS TO LIVE WITH AN INFLATED VIEW OF SELF."

Read Luke 17:11-19



1

Jesus travelled a road that most would avoid, because the Samaritans were considered 'less than' others in their society. What roads do you avoid in your life because they may lead to people that make you uncomfortable?

2

The lepers had to stand at a distance because their disease was highly contagious. Can you identify times in your life when you've stood at a distance from God because you felt too 'sick' or too 'unclean' to be near him? What was that like?

3

Have you ever 'thrown yourself at Jesus' feet' to thank him for the gift of healing you or saving you? If not, what has kept you from doing so? If so, what moved you to do that?

11 Now on his way to Jerusalem, Jesus traveled along the border between Samaria and Galilee. 12 As he was going into a village, ten men who had leprosy met him. They stood at a distance 13 and called out in a loud voice, "Jesus, Master, have pity on us!" 14 When he saw them, he said, "Go, show yourselves to the priests." And as they went, they were cleansed. 15 One of them, when he saw he was healed, came back, praising God in a loud voice. 16 He threw himself at Jesus' feet and thanked him—and he was a Samaritan. 17 Jesus asked, "Were not all ten cleansed? Where are the other nine? 18 Has no one returned to give praise to God except this foreigner?" 19 Then he said to him, "Rise and go; your faith has made you well."



Pray

GROUP PRAYER GUIDE TO ENCOURAGE 'I OWE WHO'S'.

Pray Psalm 100



Pray through Psalm 100

If you've never prayed a Psalm before, all you do is personalize the words of David to feel like your own.

Here is an example:

Dear Lord,

I feel like yelling out loud about how good You are. I want to sing and dance about who You have shown yourself to be. I know that You are God; but I also know that You made me for belonging to You.

You care for me in the ways I need it, and invite me over at all times. You never give up on me, or on any of those people I love in my life, past, present, or future.

THANK YOU is not enough, but it's a start.
Amen.

1 Shout for joy to the Lord, all the earth.

2 Worship the Lord with gladness;

come before him with joyful songs.

3 Know that the Lord is God.

It is he who made us, and we are his;

we are his people, the sheep of his pasture.

4 Enter his gates with thanksgiving

and his courts with praise; give thanks to him and

praise his name.

5 For the Lord is good and his love endures forever;

his faithfulness continues through all generations.