

BETTER DECISIONS,
FEWER REGRETS.

RealLife



SERMON DISCUSSION GUIDE

Week 1

START
HERE

ANY REGRETS?

Kyle recapped a few of his personal regrets on Sunday. Some were funny and some were somber.

Q: WHAT IS SOMETHING YOU WOULD HAVE DONE DIFFERENTLY IF YOU HAD ANOTHER CHANCE AT IT?

ASK GOOD QUESTIONS

Here is a 3-step process to help us make better decisions:

1. Ask
2. Answer honestly
3. Act on that info

Am I being honest, really?

- Share with the group a decision you have to make soon, this can be big or small.
- What is your current process for making decisions?
- Has it worked in the past? Share an example.

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READ TOGETHER

Jeremiah 17:5-10

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- IN VERSES 5-6 HOW IS THE MAN DESCRIBED WHO TURNS AWAY FROM THE LORD?
- WHAT KIND OF DECISIONS DO YOU THINK THIS PERSON MAKES?

②

- IN VERSES 7-8 HOW IS THE MAN DESCRIBED WHO TRUSTS IN THE LORD?
- WHAT KIND OF DECISIONS DO YOU THINK THIS PERSON MAKES?

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- IN VERSES 9-10 HOW IS THE HEART DESCRIBED?
- EVEN SO, WHAT IS GOD'S ROLE IN HELPING US MAKE GOOD DECISIONS?

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PRAY TOGETHER

Pause for a moment and pray Psalm 139: 23-24 over each other. When it comes to making better decisions, God can help us be more honest about where we actually are and can help lead us in the direction we need to go.

DEAR LORD.

SEARCH ME, O GOD, AND KNOW MY HEART!

TRY ME AND KNOW MY THOUGHTS!

AND SEE IF THERE BE ANY GRIEVOUS WAY IN ME,

AND LEAD ME IN THE WAY EVERLASTING!

THANK YOU. AMEN.