

FOCUS TEXTS REv. 2:4, 5

"However, I have this against you: The love you had at first is gone.

Remember how far you have fallen. Return to me and change the way you think and act, and do what you did at first."

Fizzle to Sizzle

- Out of the 5 A's that Kyle encouraged couples to focus on, which one do you think would improve your relationship the most?
 - Attention
 - o Affirmation
 - Affection
 - Adventure
 - Alignment
- Which one do you think you're doing well at? What good things have happened because of that effort?



REALLIFE CHURCH



Read + Respond

Read each of these verses out loud and reflect on what they say.

How can this wisdom positively affect change in your relationship?

Don't look out only for your own interests, but take an interest in others too. **Philippians 2:4**

Therefore encourage one another and build each other up, just as in fact you are doing. **Thessalonians 5:11**

Husbands, go all out in your love for your wives, exactly as Christ did for the church—a love marked by giving, not getting. **Ephesians 5:25**

Enjoy life with your wife, whom you love, all the days of this meaningless life that God has given...

Ecclesiastes 9:9

Therefore if you have any encouragement from being united with Christ...then make my joy complete by being like-minded, having the same love,

being one in spirit and of one mind. **Philippians 2:3,4**





Be the Initiator

When it comes to positive change in our relationships we need to assume the position of initiator.

Challenge: Go first in one of the A's that Kyle mentioned.

- <u>Couples:</u> Pick one of the A's that you can initiate with your spouse or signifiant other. Share with your group next week what you did and what the outcome of that effort was.
- <u>Singles:</u> Risk going first in reaching out to someone with the intention of giving positive attention, affirmation, affection, adventure or alignment. Don't expect anything back and see what happens.
- <u>Seeking:</u> Realize that we are able to love others in this way because Jesus first loved us (1 John 4:19). Consider the fact that love originates in God.

