



# Discussion Guide 5

## ONE-MINUTE RECAP

Is there a way to avoid having bad blood in your relationships in the first place? Pastor Kyle talked about how a critical attitude can erode satisfying relationships.

- The Bible teaches that we should pursue understanding.
- We should give grace instead of holding a grudge.
- The principle of "sowing and reaping" rings true in all relationships. You receive what you give.

## **OPEN the Bible**

READ Luke 6:37-38 + Matt. 7:1-2

- Both passages speak to "the measure" that we use with others. Whether we realize it or not, we all have standards that we hold others to.
- When you assess other people, what standards or "measures" do you use?
- Do you have those standards of yourself as well?

**We can learn a lot from orchardists and farmers when it comes to reaping and sowing.**

- 1) What is one thing you are sowing into your life and seeing good come from it?
- 2) What is something you are planting and you know it isn't producing anything good?

If you really fulfill the royal law according to the Scripture, "You shall love your neighbor as yourself," you are doing well.

Jas 2:8.

# The Good Stuff

PUT IT INTO PRACTICE

HOW DO WE PREVENT  
BAD BLOOD?

Luke 6:37-38

1) **Do not judge**, and you will not be judged. 2) **Do not condemn**, and you will not be condemned. 3) **Forgive**, and you will be forgiven. 4) **Give**, and it will be given to you.

Jesus gives us a four-step process to follow so we can help prevent bad blood from happening.

Which one do you practice the most? The least?



## THIS WEEK'S FOLLOW PRACTICE:

- EVERYONE WILL TAKE 2 MINUTES TO THINK OF SOMEONE THAT THEY HAVE JUDGED OR CONDEMNED IN THE PAST.
- SHARE THAT PERSON OR CIRCUMSTANCE WITH THE GROUP.
- HAVE SOMEONE PRAY FOR YOU TO HELP YOU SEE THEM AS GOD SEES THEM.
- AFTER EVERYONE HAS FINISHED PRAYING, READ THROUGH PSALM 79:8-9 AS A CLOSING BENEDICTION.

