

# one minute recap

If we want to experience real life in Christ, then we should commit to a strong, regular, repeated pattern of activity that looks a lot like how Jesus lived his life.

## Four L.I.F.E. Rhythms

### LEARN



study about who God is together

### INVEST



share time and meals with others

### FOLLOW



Put into practice what we see Jesus doing

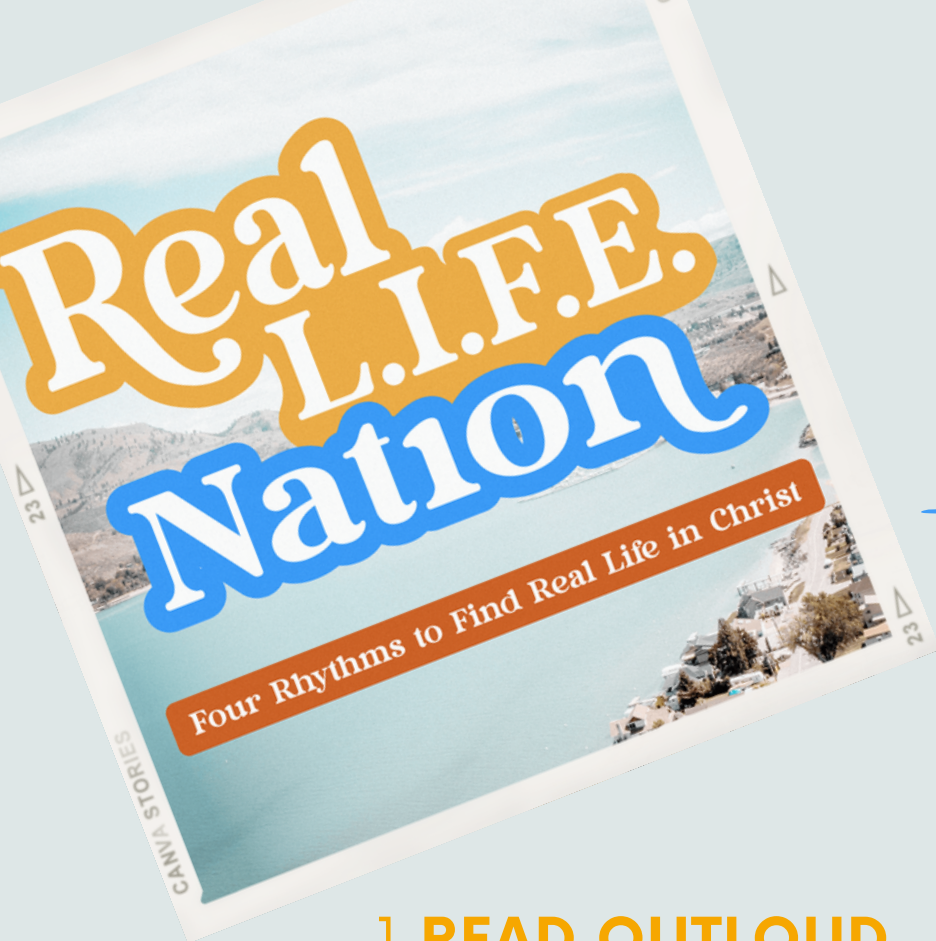
### ENGAGE



Serve the community around us

## L.I.F.E. Group Q + A

- Who do you follow most on the news, social media, or in your reading or listening time? What do you like about that person or topic?
- Who do you have following you? What kind of leader do you want to be for them?



# learn

## 1. READ OUTLOUD

One day as Jesus was standing by the Lake of Gennesaret, the people were crowding around him and **listening to the word of God.** (Luke 5:1)

When he had finished speaking, he said to Simon, “**Put out into deep water** and let down the nets for a catch.”

Simon answered, “Master, we’ve worked hard all night and haven’t caught anything. **But because you say so,** I will let down the nets.” (Luke 5:4-5)

When they had done so, **they caught such a large number of fish that their nets began to break.** So they signaled their partners in the other boat to come and help them, and they came and filled both boats so full that they began to sink.  
(Luke 5:6-7)

## 2. DISCUSS

The crowds and the disciples were both listening to Jesus.

However, it was the action of the disciples on the boat that produced the miracle.

- Why do you think the author made mention of both groups of people?
- If you were in this story, would you rather be in the crowd listening or in the boat fishing?
- Why do you think we sometimes think that following Jesus looks more like listening to his words than actually doing what he says?



# follow

# 1

*Dare to "let down your nets"*

## practice

Go around the room and share a place of need in your life.

**Where have you come up empty? Where have you tried your best and still haven't seen the results you've been wanting?**

Open up the circle for listening prayer.

Ask Jesus, "Where do you want me to 'put down my nets again'? Where are you asking me to not give up hope?"

Share with the group what you sensed from the God if you desire to.

Ask people in your Group about needs they know within your own L.I.F.E. Group or in the greater community.

Come up with a plan to meet that need as a L.I.F.E. Group this month.

# engage