

Built When Broken - *Hurt to Healing*

The Problem with Pain

Pain is E_____ and it H_____.

Everywhere, Hurts

F.I.N.E. =

F_____ O___, I_____, N_____, E_____

Freaked Out, Insecure, Neurotic, Emotional

*I have told you all this so that you may have peace in me. Here on earth you will have many **trials and sorrows**, **BUT** take heart, because I have overcome the world.*

John 16:33

Pain keeps me from L_____ a free L_____.

Living, Life

*The thief's purpose is to steal and kill and destroy. My purpose is to give **life** in all its **fullness**.*

John 10:10

Pain is U_____ on my O_____.

Uncontrollable, Own

Pain creates H_____, H_____ and H_____ -_____.

Hurts, Habits, Hang-ups

*I do not understand what I do. For what **I want to do I do not do**, but **what I hate I do**. And if I do what I do not want to do, I agree that the law is good. As it is, it is no longer I myself who do it, but it is sin living in me.*

Romans 7:15-17

*God blesses those who realize their need for Him,
for the Kingdom of Heaven is given to them. Matthew 5:3*

Step 1: G__ H_____ - A_____ *You're Not G_____.*

Stop D_____ your pain.

H_____ begins with A_____.

You are only as S_____ as your S_____.

Stop P_____ God.

F_____ F_____

F_____ F_____

Start Admitting that you are P_____.

*We felt we were doomed to die and saw how powerless we were to help ourselves; but that was good, for then **we put everything into the hands of God**, who alone could save us, for He can even raise the dead.*

2 Corinthians 2:9

What Do I Do Now?

Start T_____ to someone you T_____.

Choose to get more I_____ about Celebrate Recovery.

Begin with the H_____ that comes through J_____.

Get Help, Admit, God

Denying

Healing, Admitting

Sick, Secrets

Playing

Fear, Frustration

Fatigue, Failure

Powerless

Talking, Trust

Info

Healing, Jesus