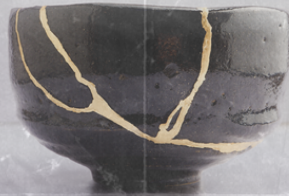


# SERMON WEEK 3

## DISCUSSION GUIDE

### BUILT WHEN BROKEN

A reminder of where we've come from and where we're headed.



Real Life

#### One-Minute Recap

How bad must your pain be before you tell someone or do something about it? An illustration was shared about a young girl who was choking but couldn't admit she was in danger because she was embarrassed to do so. **Hiding or denying our pain doesn't mean we don't have it.**

#### Q + A

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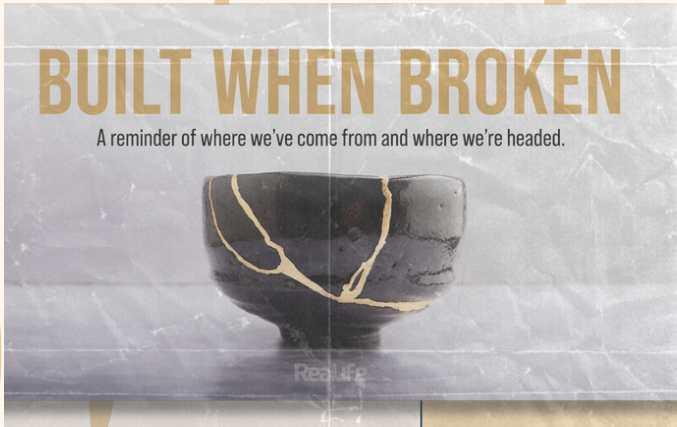
Here are some **common roadblocks** to trusting Jesus and others with our pain.

**pride - guilt - fear - worry - doubt**

Which one do you identify with the most? Or what would you add?

# LEARN

## READ VERSES OUTLOUD



Therefore, if anyone is in Christ, the **new creation** has come: **The old has gone, the new is here!**

2 Co 5:17.

Therefore, I urge you, brothers and sisters, **in view of God's mercy**, to offer your bodies as **a living sacrifice**, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, **but be transformed by the renewing of your mind**. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

Ro 12:1–2.

➤ **The Christian life is a decision followed by a process.** *What do you think it means to be a “new creation”? If you follow Jesus, what is one “old” part of your life that has been replaced by something “new”?*

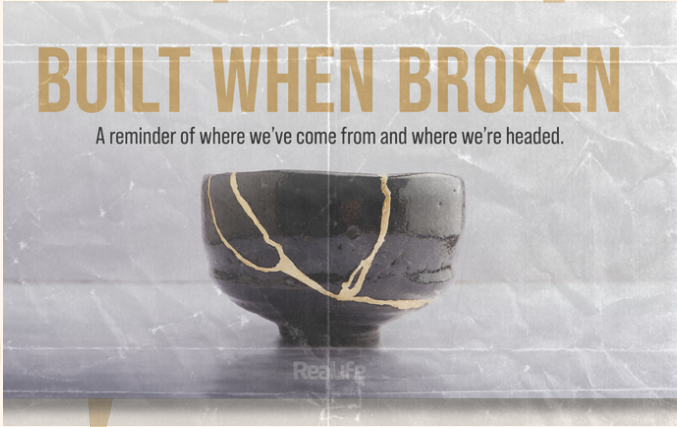
**Read this passage out loud three times.**

*What part of it stands out to you? Why?*

*Share an example of when you changed the way you thought about a particular area of pain in your life; what happened?*

# FOLLOW

Practice honesty.



For those who struggle to trust Jesus fully in their lives, it is essential to identify roadblocks and discover why we have them.

*Definition: A roadblock can be anything physical, mental, or emotional that keeps you from moving forward into a deeper reliance on God.*

## **FOLLOW PRACTICE**

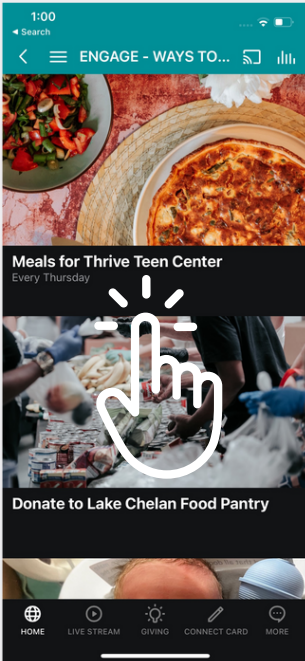
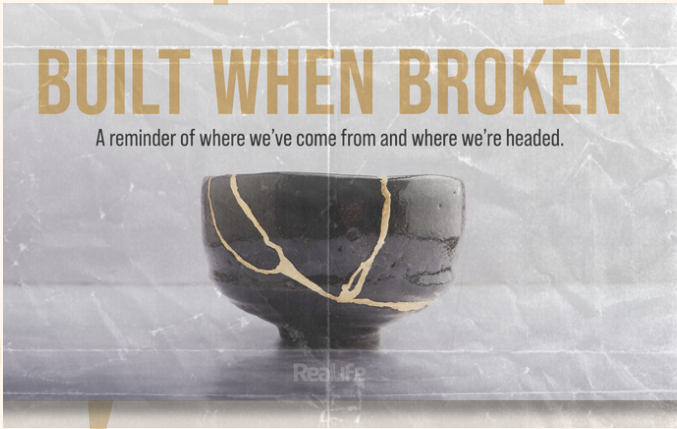


*Take out a piece of paper or use your phone and write down at least one "roadblock" you have in your faith.*

*Share that roadblock with the Group and have the person on your right pray for you.*

# ENGAGE

serve others



## HAVE YOU ENGAGED THIS MONTH?

One of the most beneficial ways to deal with roadblocks is to serve others and help them in their pain.

**Check out our Engage Page on the app for opportunities to engage with your L.I.F.E. Group**

**CLICK THE PHOTO**  
**DOWNLOAD THE APP**