### 11.12.23 RealLife Message Notes

## Thank God - No Bad Days

## Review

C $\qquad$ and $T$
D $\qquad$ fueled by C
No T $\qquad$ and all C $\qquad$

## Unshakeable Optimism

$\qquad$ are mutually exclusive.

Comparison, Thankfulness
Discontentment, Comparison
$\qquad$ is dangerous. gets you N $\qquad$ .

Thanks, Compare, Nowhere

A N $\qquad$ outlook never leads to a T $\qquad$ life.

Negative, Thankful
Optimism is not a D $\qquad$ of R $\qquad$ .

Optimism is not B $\qquad$ F $\qquad$ .

Optimism is the unwavering E $\qquad$ that our loving God is W $\qquad$ in every situation for our F $\qquad$ good.

Blind Faith
Expectation
Working
Future

And we know that in all things God works for the good of those who love him, who have been called according to his purpose. Romans 8:28

Even a N $\qquad$ situation still holds P $\qquad$ to produce a P $\qquad$ P $\qquad$ _.

Negative, Potential Positive Purpose

## Thinking Optimally

$\qquad$ your mind C $\qquad$ your body.

The quality of your L $\qquad$ will never exceed Life the quality of your $T$ $\qquad$ -.

Pessimists view events as P $\qquad$ and P $\qquad$ -

Feed your F $\qquad$ and starve your F $\qquad$ .

For I am convinced that neither death nor life, neither angels nor demons, neither the present nor the future, nor any powers, neither height nor depth, nor anything else in all creation, will be able to separate usfrom the love of God that is in Christ Jesus our Lord. Romans 8:38,39

## What Do I Do Now?

Celebrate the P $\qquad$ T $\qquad$ about God.

Discern what F $\qquad$ you need to S $\qquad$ in your life.

Let the G $\qquad$ N ___ be the G $\qquad$ N in your life.

Thoughts

Faith, Fears

Positive Truth

Fears, Starve
Good News, Great News

