

## WEEK 3 SERMON DISCUSSION

### ONE MINUTE RECAP

Living a life disconnected from God leaves us disconnected from some of life's most meaningful and fulfilling parts. Living a life of devotion to God doesn't need to look like being in church every second or doing a bunch of holy things; it can simply look like giving God a pre-decided place and space in your life on a daily basis.

### WHAT IS DEVOTION?

Devotion, whether to God or whatever else, requires intentionality and a plan. Devotion doesn't just happen, it has to be decided upon.

## WHAT ARE YOU MOST DEVOTED TO?

There are **168 hours in a week**. Aside from work and sleep, what would you say you give the majority of your "extra" hours towards?



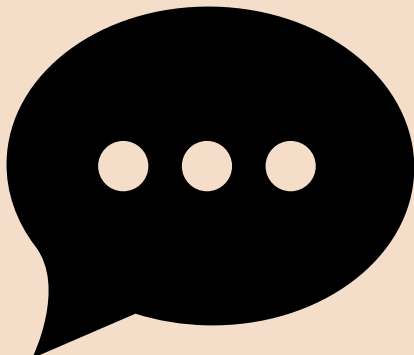
# LEARN

## READ OUTLOUD JOHN 15:4-8, MSG

“Live in me. Make your home in me just as I do in you. In the same way that a branch can’t bear grapes by itself but only by being joined to the vine, you can’t bear fruit unless you are joined with me.

5-8 “I am the Vine, you are the branches. When you’re joined with me and I with you, the relation intimate and organic, the harvest is sure to be abundant. Separated, you can’t produce a thing. Anyone who separates from me is deadwood, gathered up and thrown on the bonfire.

But if you make yourselves at home with me and my words are at home in you, you can be sure that whatever you ask will be listened to and acted upon. This is how my Father shows who he is—when you produce grapes, when you mature as my disciples.



# PRE-DECIDE

Better Choices, Better Life.

## GET HONEST.

- **HOW “CONNECTED” TO GOD DO YOU FEEL ON A DAILY BASIS?**
- **HAVE YOU EVER FELT CONNECTED TO HIM?**
- **IF SO, WHY DO YOU THINK THAT WAS? HOW WERE YOU CONNECTING?**
- **IF NOT, WHY DO YOU THINK THAT IS?**

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# FOLLOW

## PRACTICE LISTENING FOR GOD.

PASTOR KYLE STARTS HIS PRAYER TIMES WITH THIS PHRASE: "GOD, I'M LISTENING." LET'S DO THE SAME.

1. PUT ON A TIMER FOR 5 MINUTES.
2. SILENTLY PRAY: "GOD, I'M LISTENING."
3. SIT IN SILENCE
4. KEEP BRINGING YOUR MIND BACK TO GOD EVEN WHEN IT BEGINS TO WANDER.

- LISTENING PRAYER TIPS
  - DON'T FIGHT THOUGHTS THAT COME INTO YOUR MIND; JUST LET THEM COME AND PASS BY
  - PICK A WORD TO COME BACK TO WHEN YOU FIND YOURSELF STRUGGLING TO STAY FOCUSED:
    - THREE IDEAS
      - WOW (YOU ARE GOOD.)
      - THANKS (YOU GIVE.)
      - HELP (YOU HELP.)

- WHEN TIME IS UP SHARE:
  - HOW DOES YOUR BODY FEEL?
  - WHAT WENT THROUGH YOUR MIND?
  - HOW COMFORTABLE WERE YOU?
  - ANYTHING TO SHARE?

# DISCOVER WAYS TO ENGAGE

Visit the RealLife NCW app where we add new opportunities every month!



Use the Engage Tab on the app to sign your L.I.F.E. Group to find ideas on how to serve our community and those around us for your “E” rhythm this month.

