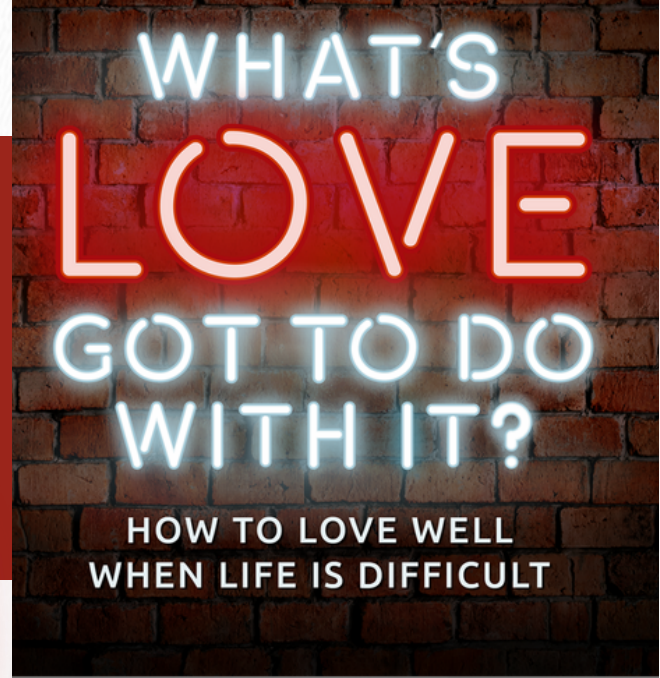


# SERMON DISCUSSION GUIDE

WEEK 4



## ONE-MINUTE RECAP

Pastor Kyle talked about a very unattractive word in our culture: *submit*. But he did so in such a way as to promote mutual submission, between men and women.

The word submit is defined as:

(v.) — to be or become inclined or willing to submit to orders or wishes of others.

Jesus is the first person in his era to elevate women to the equal position of men. He is not prescribing hierarchy, but is bestowing honor.

HOW DO YOU  
RESPOND TO THIS  
QUOTE?

“I never dreamt of being the perfect someone for somebody else; I only ever dreamt of the perfect person for me.”



How would you define the word “submit”? What does it bring up in you?

# SERMON DISCUSSION GUIDE

WEEK 2



## LEARN - READ OUTLOUD- EPHESIANS 5:21-33, MSG

21 Out of respect for Christ, be courteously reverent to one another.

22-24 Wives, understand and support your husbands in ways that show your support for Christ. The husband provides leadership to his wife the way Christ does to his church, not by domineering but by cherishing. So just as the church submits to Christ as he exercises such leadership, wives should likewise submit to their husbands.

25-28 Husbands, go all out in your love for your wives, exactly as Christ did for the church—a love marked by giving, not getting. Christ’s love makes the church whole. His words evoke her beauty. Everything he does and says is designed to bring the best out of her, dressing her in dazzling white silk, radiant with holiness. And that is how husbands ought to love their wives. They’re really doing themselves a favor—since they’re already “one” in marriage.

29-33 No one abuses his own body, does he? No, he feeds and pampers it. That’s how Christ treats us, the church, since we are part of his body. And this is why a man leaves father and mother and cherishes his wife. No longer two, they become “one flesh.” This is a huge mystery, and I don’t pretend to understand it all. What is clearest to me is the way Christ treats the church. And this provides a good picture of how each husband is to treat his wife, loving himself in loving her, and how each wife is to honor her husband.

What stands out to you most in this passage?

What gives you hope? What sits sideways?



# SERMON DISCUSSION GUIDE

WEEK 1

## FOLLOW

**Practice submission to one another:**

**Husbands:** “Go all out in your love for your wives, exactly as Christ did for the church—a love marked by giving, not getting.”

**Wives:** “Wives, understand and support your husbands in ways that show your support for Christ.”

**Everyone:** “Christ’s love makes the church whole. His words evoke her beauty. Everything he does and says is designed to bring the best out of her, dressing her in dazzling white silk, radiant with holiness.”

- Which one applies to you?
- How do you think you could apply what is said here in a tangible way this week?

**Tell someone in your Group and keep yourself accountable for that.**





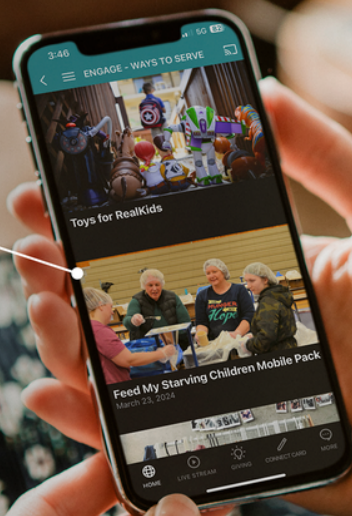
# SERMON DISCUSSION GUIDE

WEEK 2

## ENGAGE

**DISCOVER  
WAYS TO  
ENGAGE**

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**USE THE ENGAGE TAB ON THE APP TO SIGN YOUR L.I.F.E. GROUP TO FIND IDEAS ON HOW TO SERVE OUR COMMUNITY AND THOSE AROUND US FOR YOUR “E” RHYTHM THIS MONTH.**

