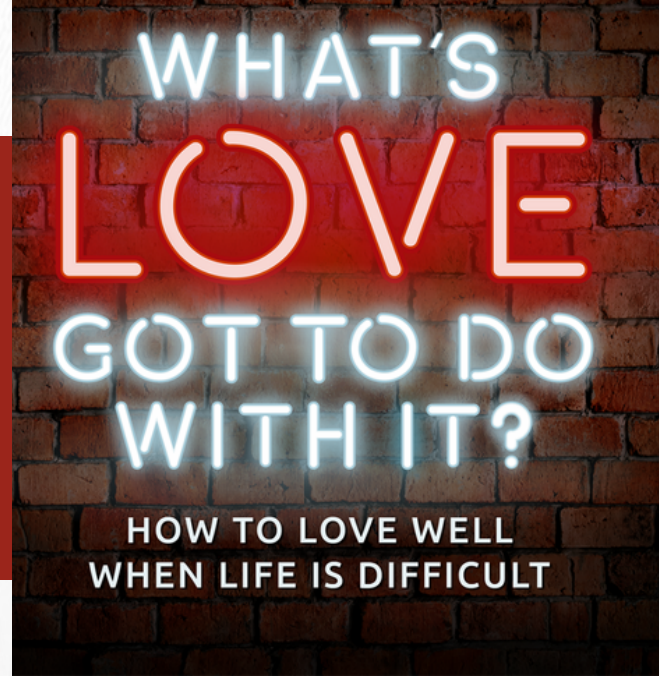


SERMON DISCUSSION GUIDE

WEEK 1



ONE-MINUTE RECAP



Pastor Billy talked about how to love others well in conflict. He said that if we pre-decide to choose how to respond, we can improve the quality of our relationships.

WHO ARE YOU IN
CONFLICT?

Pick one of these responses and share it with the Group.

AVOIDANT
DOMINANT



When you are in the middle of conflict, what emotions do you most often feel? How do those emotions affect your actions?

SERMON DISCUSSION GUIDE

WEEK 1

LEARN - READ OUTLOUD - ROMANS 12:14-17

Bless those who persecute you; **bless** and do not curse. **Rejoice** with those who **rejoice**; **mourn** with those who **mourn**. **Live in harmony** with one another.

Do not be proud, but be willing to associate with people of low position. **Do not be conceited**. **Do not repay anyone evil** for evil. **Be careful to do what is right** in the eyes of everyone.

1. **What verbs do you notice in the first half of this verse?**
2. **What actions do you see in the second half of this verse?**
3. **Why do you think what we choose to do and not do in conflict holds equal importance?**



Take note of the kinds of people Paul is highlighting:

- those who rejoice
- those who mourn
- people of low position

Think of someone in your circle who fits each of those categories and share how you have loved them.

SERMON DISCUSSION GUIDE

WEEK 1

FOLLOW

Practice healthy conflict in your L.I.F.E. Group

- **Think of a conversation you have been avoiding or dominating.**
- **Why have you responded that way? What story are you telling yourself?**
- **Take out your phone and put a time/date on your calendar to connect with that person and use it as a chance to practice the four habits of healthy conflict:**

**HONOR.
HONESTY.
HUMILITY.
MERCY**

SERMON DISCUSSION GUIDE

WEEK 1

ENGAGE

DISCOVER WAYS TO ENGAGE

Visit the RealLife NCW app where we add new opportunities every month!



USE THE ENGAGE TAB ON THE APP TO SIGN YOUR L.I.F.E. GROUP TO FIND IDEAS ON HOW TO SERVE OUR COMMUNITY AND THOSE AROUND US FOR YOUR “E” RHYTHM THIS MONTH.

