## 01.19.25 RealLife Message Notes

## Plain Speak - The Gift of Confession

Jesus prayed like a Son who knew he was L\_\_\_\_\_ by his Loved Father. He didn't pray like a subject who thought he had to Perform P\_\_\_\_\_ for his Father's love. **Predates** Prayer P\_\_\_\_\_ history. Prayer has A\_\_\_\_\_ been. Always Three Essential Prayer Words: W\_\_\_. Wow Thanks Help Mirrors Our temptations are M\_\_\_\_that show us where we Help need God's H\_\_\_\_ the most.

"And lead us not into temptation, but deliver us from the evil one."

Matt. 6:13

C is not beating ourselves up in the presence of God.	Confession
Nor is it saying S when we're not S	Sorry, Sorry
P is the safest place to practice C	Prayer, Confession
Confession is the B defense against temptation.	Best
Prayers of confession get to the H of our hurts, before our H get to our heart.	Heart, Hurts
When it comes to T, confession is the G that helps us stay ALERT.	Temptation Gift
"If we confess our sins, He is faithful and just and will forgive us our sins and purify us from all unrighteousness."  1 John 1:9	
What Do I Do Now?	
Do you know what T you?	Tempts
Start with W	Wow
Ask for H every day.	Help
www.reallifencw.com	www.reallifencw.com